

84°34'30"W 84°34'0"W 84°33'30"W 84°33'0"W 84°32'30"W 84°32'0"W 84°31'30"W 84°31'0"W 84°30'30"W 84°30'0"W 84°29'30"W 84°29'0"W 84°28'30"W 84°28'0"W

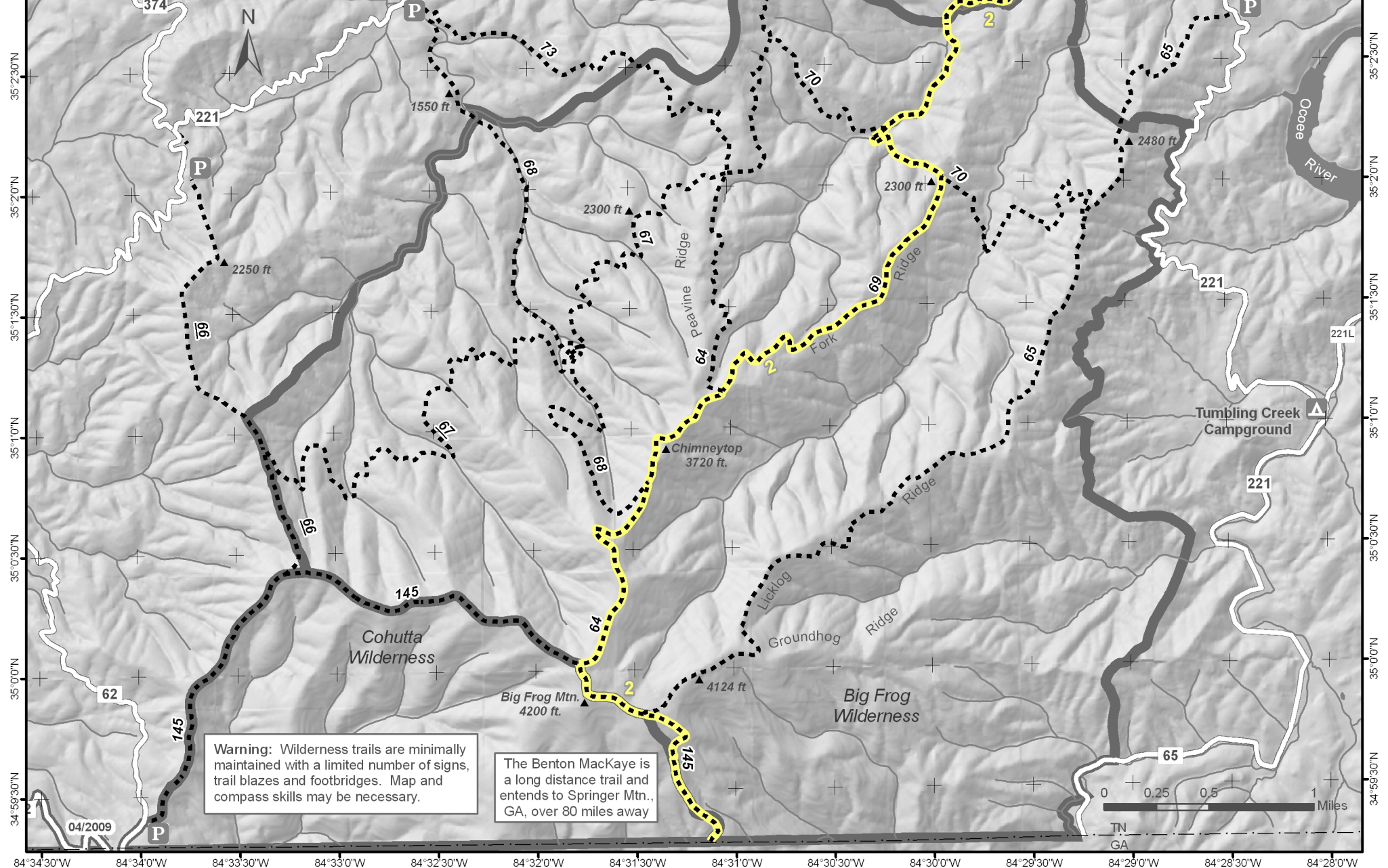
# Big Frog Trail System

## Ocoee Ranger District

### Cherokee National Forest

Ocoee Ranger District  
3171 Hwy 64  
Benton, TN 37307-5823  
423-338-3300  
Emergency Numbers  
Emergencies: 911  
Polk County Sheriff: 423-496-3301

- Trailhead Parking
- Trail
- Benton MacKaye Trail
- State Line
- Open FS Roads
- Stream
- Wilderness



**Warning:** Wilderness trails are minimally maintained with a limited number of signs, trail blazes and footbridges. Map and compass skills may be necessary.

The Benton MacKaye is a long distance trail and extends to Springer Mtn., GA, over 80 miles away

04/2009

84°34'30"W 84°34'0"W 84°33'30"W 84°33'0"W 84°32'30"W 84°32'0"W 84°31'30"W 84°31'0"W 84°30'30"W 84°30'0"W 84°29'30"W 84°29'0"W 84°28'30"W 84°28'0"W